Riverside Meadows Intermediate School April, 2017

| - | - | _ | - | |
|--------------------------------|-------------------------|-------------------------|--------------------------|--|
| 3 | 4 | 5 | 6 | - |
| Whole Grain Doughnut | Breakfast Burrito | Muffin Choice | Fruit and Yogurt Parfait | Sausage and Pancake Breakfast Stick |
| Cereal and Cheese Stick | Cereal and Cheese Stick | Cereal and Cheese Stick | Cereal and Cheese Stick | Cereal and Cheese Stick |
| Bagel and Cream Cheese | Bagel and Cream Cheese | Bagel and Cream Cheese | Bagel and Cream Cheese | Bagel and Cream Cheese |
| 10 | 11 | 12 | 13 | 14 |
| HOLIDAY | HOLIDAY | HOLIDAY | HOLIDAY | HOLIDAY |
| | | Spring Break | | |
| HOLIDAY | HOLIDAY | HOLIDAY | HOLIDAY | HOLIDAY |
| 17 | 18 | 19 | 20 | 21 |
| Sausage Breakfast Sandwich | Bagelful | Waffle | Breakfast Pizza | French Toast |
| Cereal and Cheese Stick | Cereal and Cheese Stick | Cereal and Cheese Stick | Cereal and Cheese Stick | Cereal and Cheese Stick |
| Bagel and Cream Cheese | Bagel and Cream Cheese | Bagel and Cream Cheese | Bagel and Cream Cheese | Bagel and Cream Cheese |
| 24 | 25 | 26 | 27 | 28 |
| Whole Grain Doughnut | Breakfast Burrito | Muffin Choice | Fruit and Yogurt Parfait | Sausage and Pancake Breakfast Stick |
| Cereal and Cheese Stick | Cereal and Cheese Stick | Cereal and Cheese Stick | Cereal and Cheese Stick | Cereal and Cheese Stick |
| Bagel and Cream Cheese | Bagel and Cream Cheese | Bagel and Cream Cheese | Bagel and Cream Cheese | Bagel and Cream Cheese |
| Want to get your engine going? | | *Breakfast Superstar * | | Pruits Vegetables Protein |
| Eat Fruits and Veggies! | | | | Choose MyPlate.gov |

Breakfast

Menu Subject To Change Without Notice

Riverside Meadows Intermediate School April, 2017

| 3 | 4 | _ | - | |
|----------------------------------|----------------------------------|--|--|--|
| | 4 | 5 | 6 | |
| Mac N Cheese and Corn Bread | Beef Crunchy Tacos | Mini Corn Dogs | Hamburger | Pepperoni Galaxy Personal Pizza |
| Ultra Bean and Cheese Burrito | Cheese Quesadilla | Sunflower Butter and Jelly Sandwich with Cheese Stick | Vegetarian Burger | Cheese Galaxy Personal Pizza |
| Roasted Broccoli | Smooth Refried Beans | Seasoned Curly Fries | Potato Wedges | Steamed Carrots |
| 10 11 | | 12 | 13 | 14 |
| HOLIDAY | HOLIDAY | HOLIDAY | HOLIDAY | HOLIDAY |
| | | Spring Break | | |
| HOLIDAY | HOLIDAY | HOLIDAY | HOLIDAY | HOLIDAY |
| 17 | 18 | 19 | 20 | 22 |
| Italian Calzone | Nacho Pack | Chicken Strips | Mandarin Chichen and Rice | Chicken Alfredo Pasta with Garlic Bread |
| Cheese Quesadilla | Ultra Bean and Cheese Burrito | Grilled Cheese Sandwich | Vegetarian Egg Roll with Rice and Sunflower Seeds | Alfredo Pasta with Cheesey Breadstick |
| Roasted Carrots | Zesty Pinto Beans | Corn Cob | Roasted Broccoli | Hot Peas |
| 24 | 25 | 26 | 27 | 28 |
| Pretzel Bites with Cheese Dip | Chicken Soft Taco | Jumbo Corn Dog | BBQ Rib Sandwich | Primo Pepperoni Pizza Slice |
| Ultra Bean and Cheese Burrito | Cheese Quesadilla | Sunflower Butter and Jelly Sandwich with Cheese Stick | Vegetarian Burger | Primo Cheese Pizza Slice |
| Steamed Green Beans | Smooth Refried Beans | Roasted Sweet Potatoes | Roasted Corn | Steamed Carrots |
| Want to get your engine going? | | | | |
| - | | Breakfast Superstar * | | Pruits Crains Dairy |
| Eat Fruits and Veggies! | | | | Choose MyPlate.gov |

Lunch

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